


Maine Adaptive Sports & Recreation

Maine Adaptive provides year-round adaptive sports and recreation programs for individuals with disabilities, offering free lessons and equipment for activities like cycling, mountain biking, paddling, skiing, climbing, and golf. Their cycling programs include instruction and accessible group rides on both paved paths and rugged off-road trails, with handcycles and recumbent cycles provided for participant use.

Info

Offers lessons	✓
Rent a handcycle	
Handcycle events	✓
Sells handcycles	
Primary website	https://maineadaptive.org
Handcycle webpage	link
e-mail	info@maineadaptive.org
Social	

[Is anything inaccurate? Modify or update this information with this form](#)

Pricing Info

All lessons, including equipment use (such as handcycles), are 100% free of charge for both winter and summer programs.

Revision #4

Created 21 November 2025 17:49:03 by Anatol Poppe

Updated 2 December 2025 22:47:55 by Anatol Poppe